

Pima County Evidence-Based Trauma-Specific Treatment and Trauma Therapy by AGE GROUP

updated 1.15.2020

Age Group	Trauma-Specific Treatment	Agency/Private Practitioner	Specialized	Level of Care	Intake Contact Info	
Birth to 5	CPP (Child-Parent Psychotherapy)	Casa de los Ninos	Child age 0-5, parents	OP	624-5600	
	EMDR (Eye Movement Desensitization and Reprocessing)	Arizona's Children Association (AzCA)	age 3+	OP	622-7611	
		Casa de los Ninos	age 2+	OP	624-5600	
		Grossman & Grossman		OP	602-468-2077	
		Pathways	age 4+	OP	748-7108	
	Individual Trauma Therapy	Casa de los Ninos	with caregiver involvement	OP	624-5600	
		Grossman & Grossman		OP	602-468-2077	
		Jewish Family & Children Services		OP	795-0300	
		Pathways		OP	748-7108	
	Neurosequential Model of Therapeutics (NMT)	Arizona's Children Association (AzCA)	at home/in agency	OP	622-7611	
TF-CBT (Trauma-Focused Cognitive Behavioral Therapy)	Arizona's Children Association (AzCA)	age 3+ at home/in agency	OP	622-7611		
	Pathways	age 3+	OP	748-7108		
6 to 12	EMDR (Eye Movement Desensitization and Reprocessing)	Arizona's Children Association (AzCA)		OP	622-7611	
		Casa de los Ninos		OP	624-5600	
		Easter Seals Blake Foundation		OP	449-8555	
		Grossman & Grossman		OP	602-468-2077	
		Jewish Family & Children Services		OP	795-0300	
		La Frontera		OP	884-9920	
		Mingus Mountain (girls only)		age 12+	BHRF	602-335-2000
		Pathways			OP	748-7108
		Touchstone		age 11+	OP	668-6081
	Individual Trauma Therapy	Casa de los Ninos		OP	624-5600	
		Easter Seals Blake Foundation		OP	449-8555	
		Grossman & Grossman		OP	602-468-2077	
		Jewish Family & Children Services		OP	795-0300	
		La Frontera		OP	884-9920	
		Sequel Care of Arizona		age 12+	OP, Level II BHRF	928-777-3280 x317
	Neurosequential Model of Therapeutics (NMT)	Arizona's Children Association (AzCA)	at home/in agency	OP	622-7611	
	Seeking Safety	CODAC	age 12+	OP, IOP	327-4505	
		COPE	age 12+	OP, IOP	205-4732	
	Somatic Experiencing® (SE®) Model	Casa de los Ninos		OP	624-5600	
		Easter Seals Blake Foundation		OP	449-8555	
		Jewish Family & Children Services		OP	795-0300	
	TF-CBT (Trauma-Focused Cognitive Behavioral Therapy)	Arizona's Children Association (AzCA)	at home/in agency	OP	622-7611	
		CODAC		OP	327-4505	
La Frontera		OP		884-9920		
Pathways		OP		748-7108		

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13 to 17	EMDR (Eye Movement Desensitization and Reprocessing)	Arizona's Children Association (AzCA)		OP	622-7611
		Casa de los Ninos		OP	624-5600
		CODAC		OP, IOP	327-4505
		Easter Seals Blake Foundation		OP	449-8555
		Grossman & Grossman		OP	602-468-2077
		La Frontera		OP	884-9920
		Mingus Mountain (girls only)		BHRF	602-335-2000
		Pathways		OP	748-7108
		Touchstone		OP	668-6081
	Individual Trauma Therapy	Casa de los Ninos		OP	624-5600
		CODAC		OP, IOP	327-4505
		Easter Seals Blake Foundation		OP	449-8555
		Grossman & Grossman		OP	602-468-2077
		Jewish Family & Children Services		OP	795-0300
		La Frontera		OP	884-9920
		Sequel Care of Arizona		OP, Level II BHRF	928-777-3280 x317
		Sin Puertas		IOP	624-5806
	Neurosequential Model of Therapeutics (NMT)	Arizona's Children Association (AzCA)	at home/in agency	OP	622-7611
	Seeking Safety	Casa de los Ninos		OP	624-5600
		CODAC		OP, IOP	327-4505
		COPE		OP	205-4732
		La Frontera		OP	884-9920
	Somatic Experiencing® (SE®) Model	Casa de los Ninos		OP	624-5600
		Easter Seals Blake Foundation		OP	449-8555
		Jewish Family & Children Services		OP	795-0300
	TARGET (Trauma Affect Regulation Guide for	Centurion @Pima County Juvenile Court	Detention		n/a
	TF-CBT (Trauma-Focused Cognitive Behavioral Therapy)	Arizona's Children Association (AzCA)	at home/in agency	OP	622-7611
CODAC		OP		327-4505	
La Frontera		OP		884-9920	
Pathways		OP		748-7108	
18 to 25	Acceptance and Commitment Therapy (ACT)	CODAC		OP, IOP, BHRF	327-4505
		La Frontera		OP, BHRF	884-9920
	Cognitive Processing Therapy (CPT)	La Frontera		OP	884-9920
	EMDR (Eye Movement Desensitization and Reprocessing)	Arizona's Children Association (AzCA)		OP	622-7611
		Casa de los Ninos		OP	624-5600
		CODAC		OP, IOP	327-4505
		COPE		OP, IOP	205-4732
		Easter Seals Blake Foundation		OP	449-8555
		Grossman & Grossman		OP	602-468-2077
		HOPE, Inc.		OP	770-1197
		Jewish Family & Children Services		OP	795-0300

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Age Group	Trauma-Specific Treatment	Agency/Private Practitioner	Specialized	Level of Care	Intake Contact Info
		La Frontera		OP	884-9920
		Marana Health Center		OP	682-1091
		Mingus Mountain (girls only)	age 18 & younger	BHRF	602-335-2000
		Pathways	age 18 & younger	OP	748-7108
		The Haven Behavioral Health		OP, IOP, BHRF	623-4590
	Individual Trauma Therapy	Casa de los Ninos		OP	624-5600
		CODAC		OP, IOP	327-4505
		Easter Seals Blake Foundation		OP	449-8555
		Grossman & Grossman		OP	602-468-2077
		La Frontera		OP	884-9920
		Sequel Care of Arizona		OP, Level II BHRF	928-777-3280 x317
		Sin Puertas	age 20 & younger	IOP	624-5806
		The Haven Behavioral Health		OP, IOP, BHRF	623-4590
	Neurosequential Model of Therapeutics (NMT)	Arizona's Children Association (AzCA)	age 18 & younger	OP	622-7611
	Seeking Safety	CODAC		OP, IOP	327-4505
		COPE		OP, IOP	205-4732
		La Frontera		OP	884-9920
		PPEP		IOP	792-5704
		The Haven Behavioral Health		OP, IOP, BHRF	623-4590
	Somatic Experiencing® (SE®) Model	Easter Seals Blake Foundation		OP	449-8555
		Jewish Family & Children Services		OP	795-0300
	TF-CBT (Trauma-Focused Cognitive Behavioral Therapy)	Arizona's Children Association (AzCA)	age 18 & younger at home/in agency	OP	622-7611
		CODAC		OP	327-4505
La Frontera			OP, BHRF	884-9920	
Marana Health Center			OP	682-1091	
Pathways		age 18 & younger	OP	748-7108	
Adult	Acceptance and Commitment Therapy (ACT)	CODAC		OP, IOP	327-4505
		La Frontera		OP	884-9920
	Cognitive Processing Therapy (CPT)	La Frontera		OP	884-9920
	EMDR (Eye Movement Desensitization and Reprocessing)	Arizona's Children Association (AzCA)		OP	795-0300
		Casa de los Ninos		OP	624-5600
		CODAC		OP, IOP	327-4505
		COPE		OP, IOP	205-4732
		Easter Seals Blake Foundation		OP	449-8555
		Grossman & Grossman		OP	602-468-2077
		HOPE, Inc.		OP	770-1197
		Jewish Family & Children Services		OP	795-0300
		La Frontera		OP	884-9920
		Marana Health Center		OP	682-1091
	The Haven Behavioral Health		OP, IOP, BHRF	623-4590	

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	Individual Trauma Therapy	Casa de los Ninos		OP	624-5600
		CODAC		OP, IOP	327-4505
		Easter Seals Blake Foundation		OP	449-8555
		Grossman & Grossman		OP	602-468-2077
		La Frontera		OP	884-9920
		Sequel Care of Arizona		OP, Level II BHRF	928-777-3280 x317
		The Haven Behavioral Health		OP, IOP, BHRF	623-4590
	Seeking Safety	CODAC		OP, IOP	327-4505
		COPE		OP, IOP	205-4732
		La Frontera		OP	884-9920
		PPEP		IOP	792-5704
		The Haven Behavioral Health		OP, IOP, BHRF	623-4590
	Somatic Experiencing®(SE®) Model	Easter Seals Blake Foundation		OP	449-8555
		Jewish Family & Children Services		OP	795-0300
	TF-CBT (Trauma-Focused Cognitive Behavioral Therapy)	CODAC		CODAC	327-4505
		La Frontera		OP, BHRF	884-9920
		Marana Health Center		OP	682-1091